



**FAMILIAS Y CRIANZAS:
ENCRUCIJADAS ACTUALES**
1ER CONGRESO INTERNACIONAL 2025



Centro Virtual de Educación Prenatal Virtual Center for Prenatal Education VICEPRED

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Organización Mundial de Asociaciones de Educación Prenatal



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- VICEPRED: El Centro Virtual de Educación Prenatal es un proyecto Erasmus+, desarrollado en la plataforma www.omaedu.ro en el periodo 2022-2025, con el siguiente objetivo:
- Aumentar los conocimientos, habilidades y actitudes de los futuros padres desde las primeras etapas del embarazo, para facilitar el óptimo desarrollo físico, emocional, intelectual y espiritual de sus hijos.



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- El proyecto se está llevando a cabo gracias a las contribuciones de los 9 socios del proyecto:
 - 1 Asociación Rumana de Educación Prenatal - AEPRO - coordinador
 - 2 Università per Stranieri di Perugia (Italia)
 - 3 Elliniki Etairia Etairia Progennitikis Agogis (Grecia)
 - 4 Latvijas Perinatalas Attistibas Biedriba (Letonia)
 - 5 Kipriako Somatio Progennitikis Agogis (Chipre)
 - 6 Educación prenatal - Información (Bélgica)
 - 7 Fundación Romtens (Rumanía)
 - 8 Asociación Nacional de Educación Prenatal Anep (España)
 - 9 Associazione Italiana Educazione Prenatale (Italia)



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El centro virtual de educación prenatal



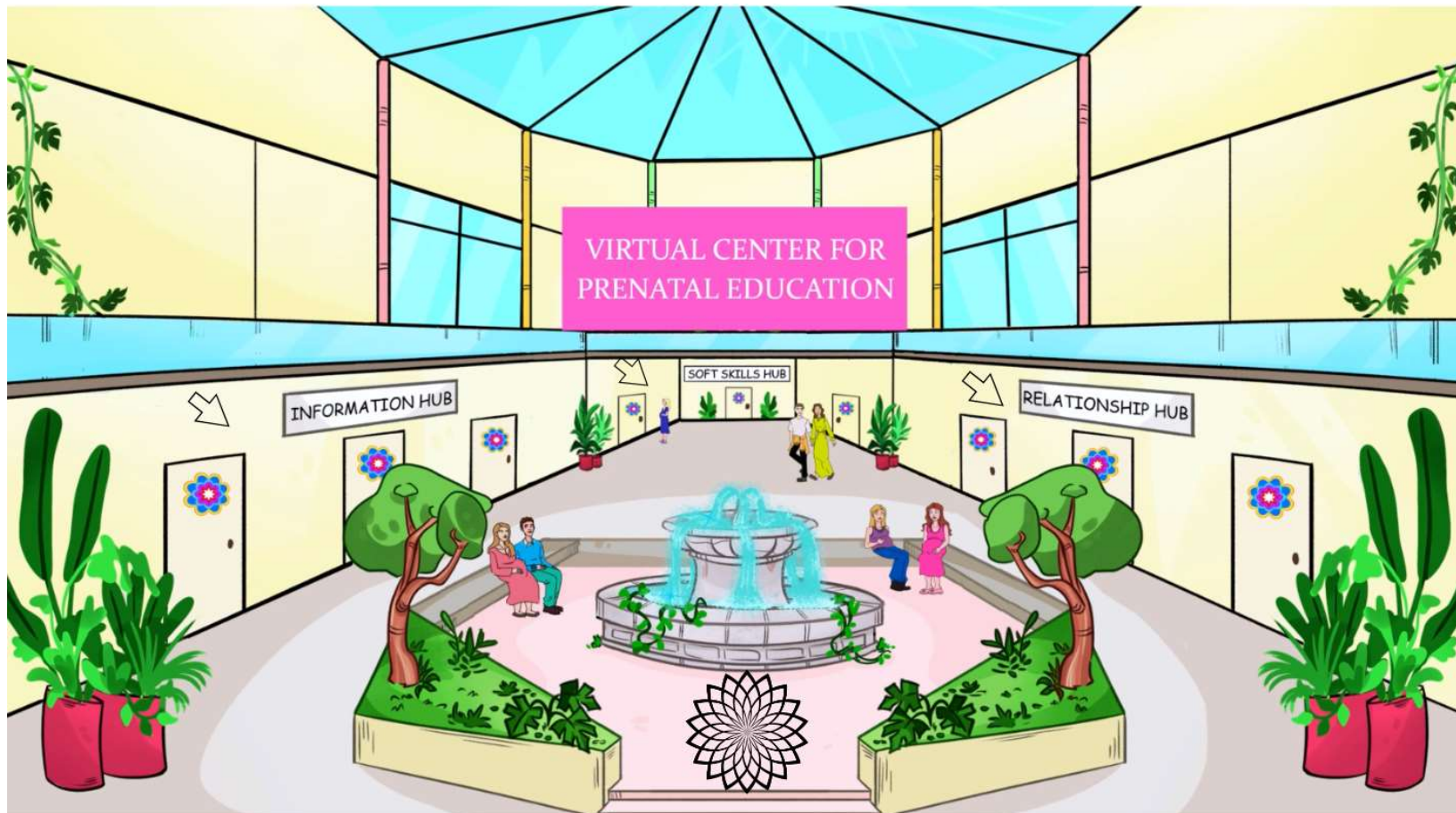


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se compone de tres núcleos (Hubs), cada uno de los cuales consta de tres salas:



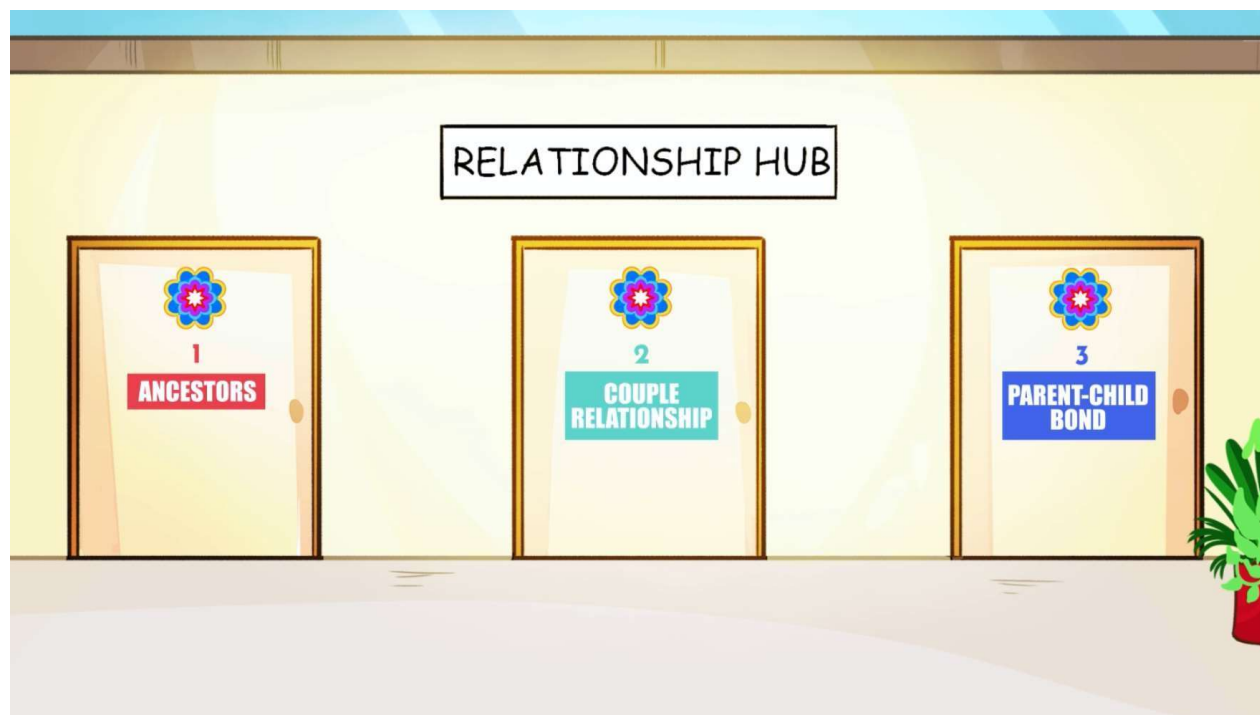


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- el Centro de Relaciones



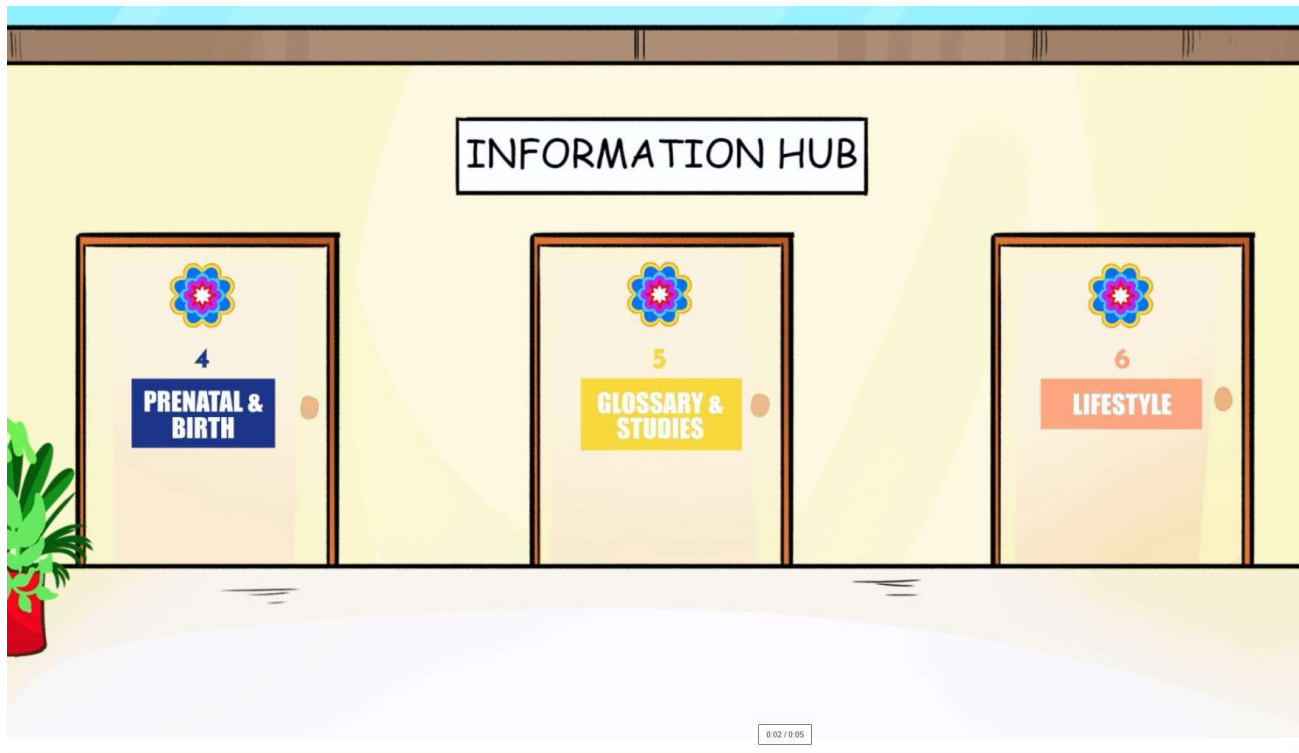


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- el Centro de Información



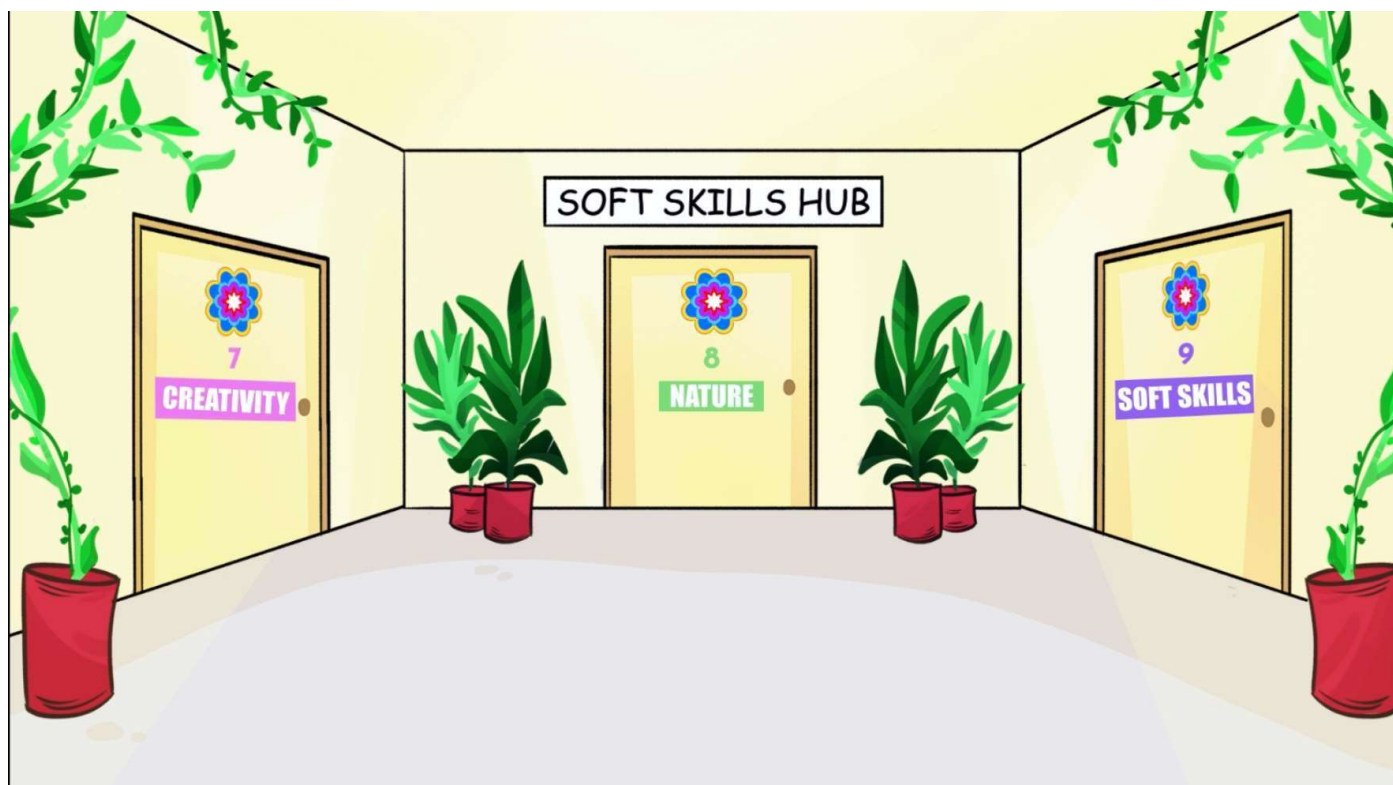


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- el centro de competencias interpersonales





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Hay varios tipos de elementos en cada sala:

- Cápsulas informativas
- Vídeos
- Doodles
- Presentaciones de diapositivas
- Casos prácticos
- Aplicaciones y juegos educativos

Ofrecer soluciones y respuestas a las cuestiones relacionadas con el embarazo, el parto y el comportamiento de los futuros padres, a fin de crear unas condiciones armoniosas para el desarrollo de su futuro hijo.

- Cada sala está equipada con una serie de aplicaciones y un cuestionario para recoger las impresiones y opiniones de los visitantes sobre la información y las herramientas que han recibido.

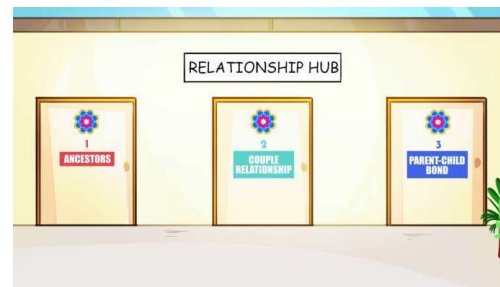


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- El Centro de relaciones incluye información breve sobre la relación dentro de la pareja, con la familia de origen y con el futuro hijo.
- Visitando las salas de 1 a 3, de este Hub, los futuros padres pueden obtener más información y ser más conscientes de sus actitudes ante los problemas de pareja.





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- Sala 1 – Las relaciones con los antepasados les ayudan a los futuros padres a comprender mejor cómo se ejercen las influencias parentales de una generación a otra.
- Pueden optar por detener un círculo vicioso que vivieron de niños o, por el contrario, por amplificar los comportamientos parentales beneficiosos, que también han experimentado a través de su propia experiencia.



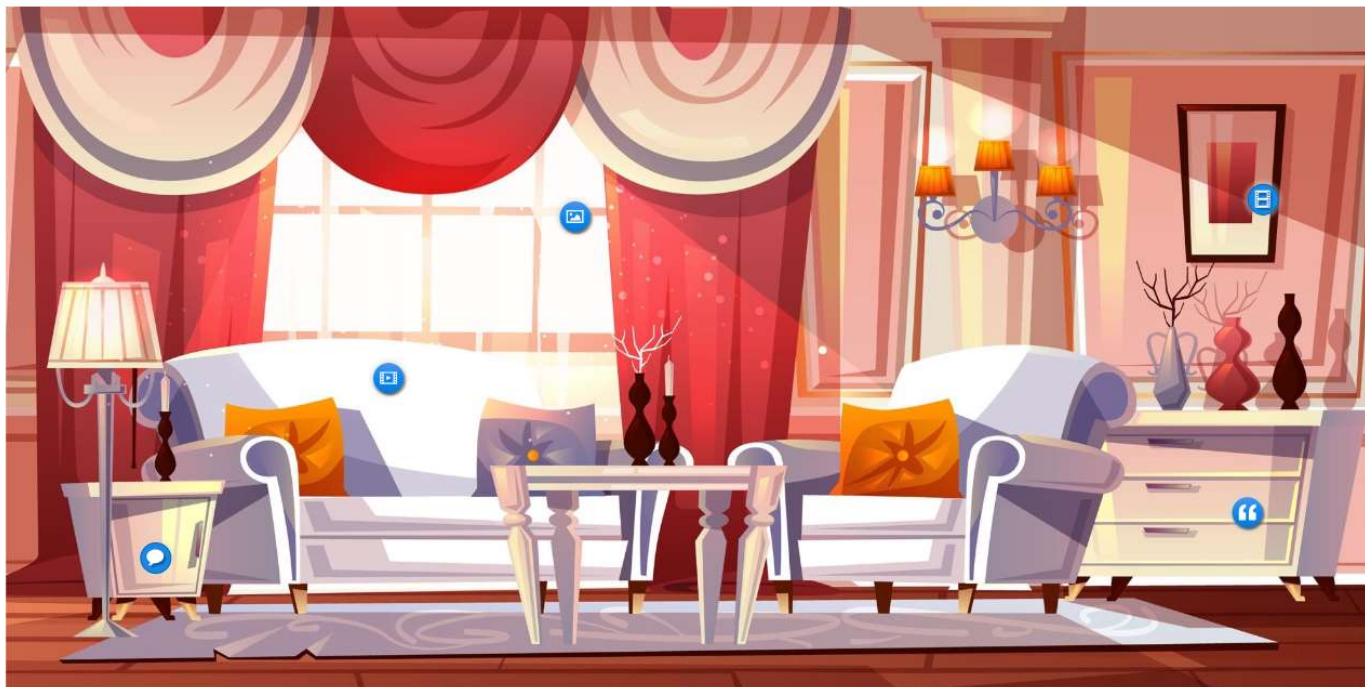
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ROOM 1

ANCESTORS



 SLIDESHOW

 DOODLE

 VIDEO

 CASE STUDIES

 INFO CAPS

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ



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- Sala 2 – Las relaciones de pareja ayudarán a ambos miembros a comprender mejor los beneficios y los retos de una relación de pareja, a aceptar más fácilmente las diferencias y a optar por vivir una relación armoniosa, por su propio bien y el de su hijo.



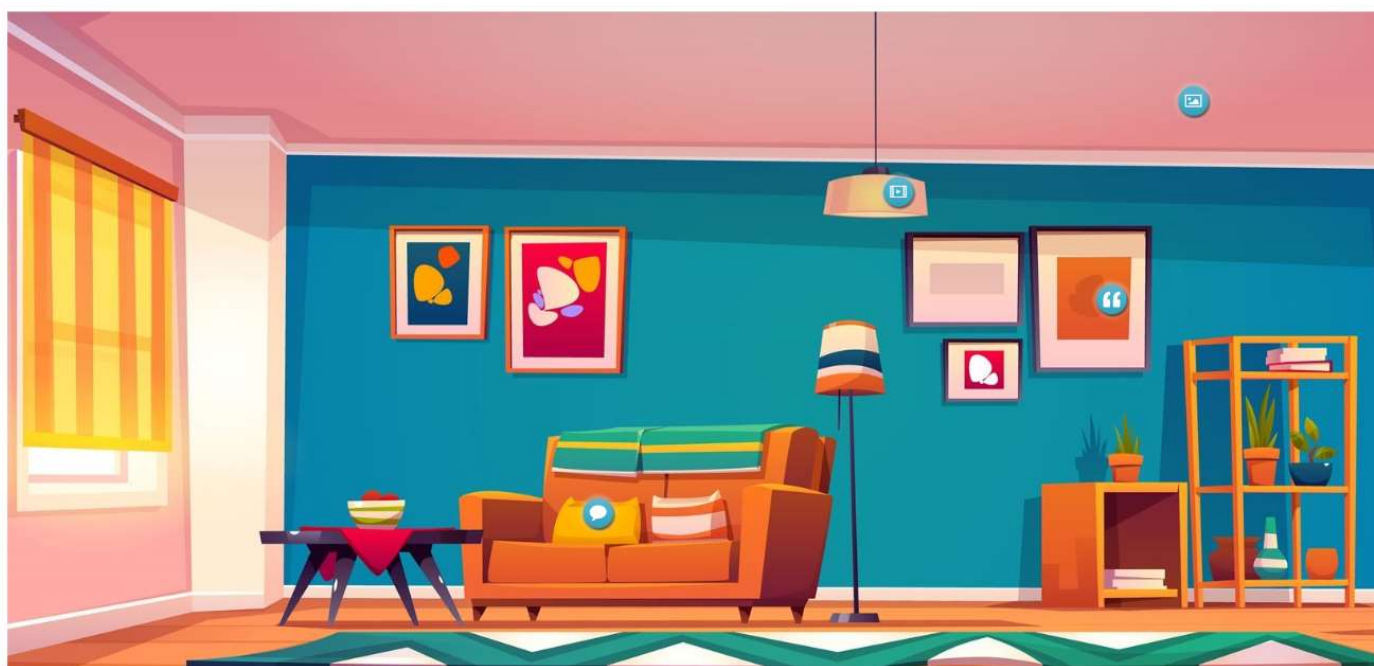
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ROOM 2

COUPLE RELATION



 SLIDESHOW

 DOODLE

 CASE STUDIES

 INFO CAPS

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ



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- La Sala 3, dedicada a las relaciones con los hijos, les ayudará a descubrir distintas formas de mantener una relación afectuosa y respetuosa con su futuro hijo.



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ROOM 3

PARENT -CHILD BOND



- DOODLE
- SLIDESHOW
- CASE STUDIES
- INFOCAPS
- GAME

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ

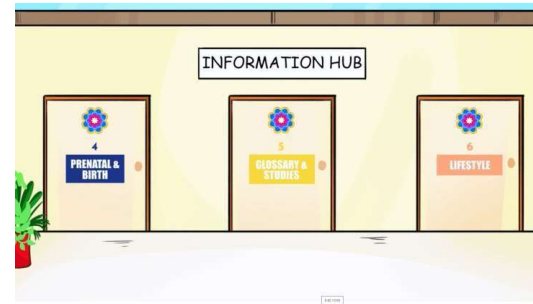


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- El Centro de Información contiene información sobre las etapas del embarazo y el parto, el desarrollo prenatal del bebé y los elementos referentes a un estilo de vida saludable para los futuros padres.
- En este "Hub" podrán ver vídeos, un glosario, una base de datos con resúmenes de estudios científicos sobre el periodo prenatal, el parto y cuestiones relacionadas con el desarrollo intrauterino, estudios de casos, doodles y presentaciones de diapositivas.





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- La Sala 4 proporciona información sobre el desarrollo prenatal, el embarazo y el parto, ayudando a los futuros padres a descubrir cómo abordar la misteriosa experiencia del embarazo y el parto y cuáles son las necesidades más importantes del feto durante este periodo crucial de su desarrollo.



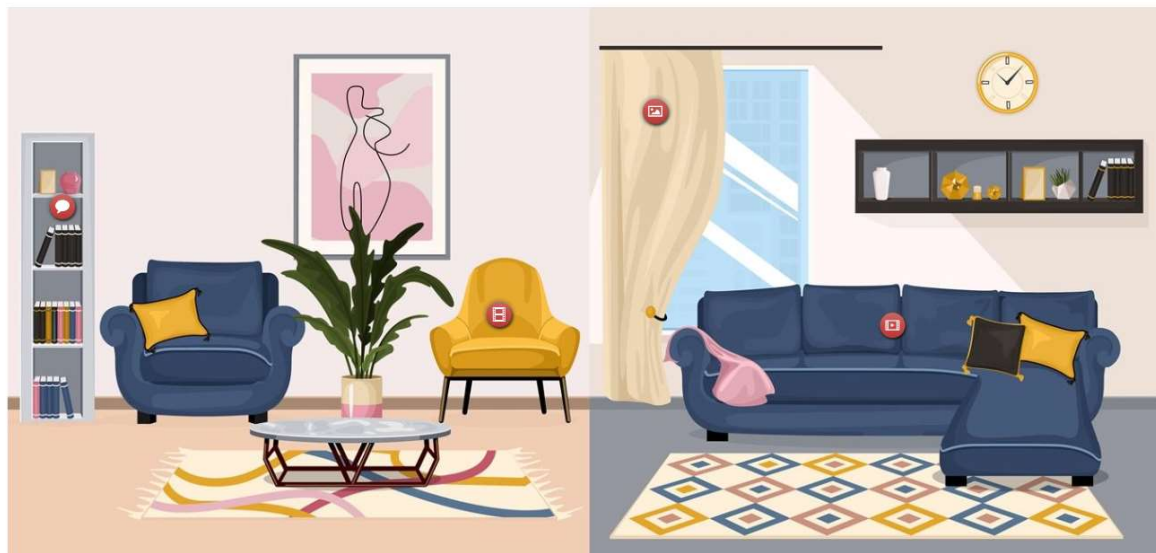
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ROOM 4

PRENATAL & BIRTH



-  SLIDESHOW
-  DOODLE
-  VIDEO
-  INFOCAPS

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ



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- En la Sala 5, un glosario y una base de datos de términos científicos permiten a los futuros padres estar al corriente de los términos asociados a este periodo de vida y de los descubrimientos científicos más importantes, que influyen en la vida y la salud del futuro ser humano.



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ROOM 5

GLOSSARY OF TERMS & STUDIES DATA BASE



STUDIES
DATABASE



GLOSSARY

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ



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GLOSSARY&STUDIES

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GLOSSARY





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Add entry

stress

Search full text

Browse the glossary using this index:

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Search: stress

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A

Abruptio Placentae= Placenta Abruption

Premature separation of the placenta from the uterus, typically present with bleeding, uterine contractions, and fetal distress

- Medscape - <https://emedicine.medscape.com/article/252810-overview>



Adrenaline (Stress Hormones) in Pregnancy

A hormone released from the adrenal glands and its major action, together with noradrenaline, is to prepare the body for 'fight or flight'. Women who feel threatened during labor (for example, by fear or severe pain) may produce high levels of adrenaline. Adrenaline can slow labor or stop it altogether.

- You and Your Hormones - <https://www.yourhormones.info/hormones/adrenaline/>
- nationalpartnership.org - <https://nationalpartnership.org/childbirthconnection/maternity-care/role-of-hormones/>



Antenatal Anxiety

Anxiety during pregnancy characterized by fear of childbirth, feelings of worry and stress, panic disorder. It is common and it can affect either parent. It can predict adverse birth outcomes, defined in terms of birth weight, gestational age at birth and obstetric complications.

0.02 / 0.05



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Cortisol in Pregnancy

A glucocorticoid hormone that the adrenal glands produce and release into the blood. There is ample evidence from literature that justifies the association of prenatal maternal mental stress and elevated cortisol with delayed infant motor and cognitive development

- Cleveland Clinic - <https://my.clevelandclinic.org/health/articles/22187-cortisol>
- Biomedcentral - <https://bmcp psychiatry.biomedcentral.com/articles/10.1186/s12888-017-1424-x>



F

Fetal Distress

Is a condition during pregnancy or labor in which the fetus shows signs of inadequate oxygenation. It is characterized by changes in fetal movement, growth, heart rate, and presence of meconium stained fluid.

- Wikipedia - https://en.wikipedia.org/wiki/Fetal_distress



H

Haptonomy

Is a field dealing with emotional contact through touch, describe the relationship between parents and unborn baby (Ksycinski et al., 2010). The concept of Haptonomy is derived from the conjunction of the classic Greek term hapsis, which means touch, sense, sensation, tact and the word nomos meaning law, rule and norm.

- Scientific Institute of Haptonomy - <http://www.haptonomie.com/en/haptonomy/>
- Ozbek H, Pinar SE. The effect of haptonomy applied to pregnant women on perceived stress, fear of childbirth, and prenatal attachment: randomized controlled experimental study. *Curr Psychol.* 2022 Jul 16;1-10. doi: 10.1007/s12144-022-03388-1. Epub ahead of print. PMID: 35874964; PMCID: PMC9287134.



M

Mental Health

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.



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N

Non Stress Test (NST)

A common [prenatal](#) test used to check on a baby's health. During a [nonstress](#) test, the baby's heart rate is monitored to see how it responds to the baby's movements. The term "nonstress" refers to the fact that nothing is done to place [stress](#) on the baby during the test.

- [Mayo Clinic - https://www.mayoclinic.org](https://www.mayoclinic.org)

P

Postnatal Anxiety

Anxiety that develops during the year your baby is born is known as [postnatal anxiety](#). Any parent can experience [postnatal anxiety](#). Feeling a little [stressed](#) is a common reaction to becoming a parent, but if anxiety becomes a problem, you may need professional help. Symptoms include intense feelings of worry that you're not doing things right, or that something bad will happen.

- [Pregnancy Birth and Baby - https://www.pregnancybirthbaby.org.au/anxiety-and-parenthood](https://www.pregnancybirthbaby.org.au/anxiety-and-parenthood)

Prenatal Bond

Is a facilitated experience that creates an intense bond between mother and [fetus](#). The bond allows the mother to be aware of the child's needs and experiences, witness fetal development in the womb, recognize early [prenatal distress](#), and provide immediate healing and connection. Because of this intimate awareness, mothers have a smoother and more empowered birthing experience. After [birth](#), the well-bonded baby has a remarkable degree of self-esteem, developmental advantages, and a strong, meaningful connection with the mother.

- [- https://www.pacificmft.com/prenatal-bonding](https://www.pacificmft.com/prenatal-bonding)



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SCIENTIFIC STUDIES

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DOMAIN

CAUSAL FACTOR

RISK FOR THE FUTURE CHILD

ABSTRACT

CITATION STUDY

Per page

ID	DOMAIN	CAUSAL FACTOR	RISK FOR THE FUTURE CHILD	ABSTRACT	CITATION STUDY
335	STRESS AND EMOTIONS IN PREGNANCY	Emotions of mother	Fetal arm movements	This study investigated the relationship between fetal movements and acute maternal emotional changes during pregnancy. Two empirically validated feature film clips were used for the external generation of two subjectively and facially well-characterized target emotions: happiness and sadness. We simultaneously monitored separate fetal arm, leg, and trunk movements by means of two ultrasound apparatuses while maternal emotions were manipulated by film clip presentation. The number of fetal arm movements, but not the duration, was increased when pregnant women were being shown a happy film. Both the	Araki, M., Nishitani, S., Ushimaru, K. et al. Fetal response to induced maternal emotions. J Physiol Sci 60, 213–220 (2010). https://doi.org/10.1007/s12576-010-0087-x



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Erasmus+

336	STRESS AND EMOTIONS IN PREGNANCY	Optimism during pregnancy	More confidence and positive mindset	When pregnant women face tough situations like the risk of preterm labor, it can be really challenging. This study looked at how women handle stress in these situations and what helps them. We found that their personal strengths, like being optimistic and feeling in control of their health, play a big role. Optimism acts like a middleman in two relationships: (1) feeling in control of one's health and being confident, and (2) how random events affect health and confidence. Optimism doesn't come into play when it's about how others might impact health and confidence. For women with a high-risk pregnancy, being optimistic is crucial. It turns the connection between outside events impacting health and how confident they feel from negative to positive. This breaks the cycle of feeling loss and instead starts a cycle of gains, making them	presentation of sadness affected fetal leg or trunk	Niewiadomska I, Bień A, Rzońca E, Jurek K. The Mediating Role of Dispositional Optimism in the Relationship between Health Locus of Control and Self-Efficacy in Pregnant Women at Risk of Preterm Delivery. <i>Int J Environ Res Public Health</i> . 2022 May 17;19(10):6075. doi: 10.3390/ijerph19106075. PMID: 35627612; PMCID: PMC9141194.
337	STRESS AND EMOTIONS IN PREGNANCY	Influence of maternal emotions	Fetuses of high anxious women tend to be more active	Children of high anxious pregnant women have gastrointestinal problems, cry frequently, and are perceived as having difficult temperament. Mindfulness based interventions helped participants develop insights into their mood and physical changes and accept their childbirth process, therefore mindfulness education programs can be incorporated into prenatal care to enhance the management of the depressive symptoms of prenatal women.		Bea R. H. Van den Bergh. (1990) "The Influence of Maternal Emotions during Pregnancy on Fetal and Neonatal Behavior," <i>Journal of Prenatal and Perinatal Psychology and Health</i> 5, no. 2 : 119-130. * Full access to article with APPPAH JOURNAL membership.
338	STRESS AND EMOTIONS IN PREGNANCY	Anxiety, depression, and stress in pregnancy	Shorter gestation period; Adverse implications for fetal neurodevelopment and child outcomes	Anxiety, depression, and stress in pregnancy are risk factors for adverse outcomes for mothers and children. Anxiety in pregnancy is associated with shorter gestation and has adverse implications for fetal neurodevelopment and child outcomes. Anxiety about a particular pregnancy is especially potent. Chronic strain, exposure to racism, and depressive symptoms in mothers during pregnancy are associated with lower birth weight infants with consequences for infant development.		Schetter CD, Tanner L. Anxiety, depression and stress in pregnancy: implications for mothers, children, research, and practice. <i>Current Opinion in Psychiatry</i> 2012; 25(2): 141-8. doi: 10.1097/YCO.0b013e3283503680 https://pubmed.ncbi.nlm.nih.gov/22262028/
339	STRESS AND EMOTIONS IN PREGNANCY	Stressful prenatal life events	Risk of infectious diseases in the infant offspring	Study provides empirical evidence that links stressful prenatal life events with the risk of infectious diseases in the infant offspring. Moreover, study found that lower levels of relationship satisfaction during pregnancy increased the risk, as well as the frequency and variety, of infectious diseases in infants. However, statistically significant findings in large samples does not necessarily yield clinical significance. It remains to examine whether relationship management before or during pregnancy may reduce the risk of diseases in the offspring.		Henriksen, R. E., & Thuen, F. (2015). Marital quality and stress in pregnancy predict the risk of infectious disease in the offspring: The norwegian mother and child cohort study. <i>PLOS ONE</i> , 10(9), e0137304. https://doi.org/10.1371/journal.pone.0137304
340	STRESS AND EMOTIONS IN PREGNANCY	Stress exposure during pregnancy	Sleep problems for the child	Findings show an association between maternal prenatal perceived stress and child sleep measures. Intervention studies aimed at helping mothers to reduce stress prenatally may improve child sleep quality.		Geiger, S. D., Chandran, A., Churchill, M., Mansolf, M., Zhang, C., MUSAAD, S.,... Schantz, S. L. (2022). Relationship between maternal stress during pregnancy and child sleep outcomes. <i>Annals of epidemiology</i> , 75, 89-89. https://doi.org/10.1016/j.annepidem.2022.08.05



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344	STRESS AND EMOTIONS IN PREGNANCY	Stress exposure during pregnancy	Preterm delivery; Low birth weight	According to this literature review on prenatal stress, the most robust, consistent and well replicated result is the association between prenatal major stressful life events and preterm delivery or low birthweight.	R. Graignic-Philippe, J. Dayan, S. Chokron, A-Y. Jacquet, S. Tordjman, Effects of prenatal stress on fetal and child development: A critical literature review, Neuroscience & Biobehavioral Reviews, Volume 43, 2014, Pages 137-162, ISSN 0149-7634, https://doi.org/10.1016/j.neubiorev.2014.03.022 .
345	STRESS AND EMOTIONS IN PREGNANCY	Stress exposure during pregnancy	Adverse birth and postnatal outcomes	Findings indicate that childhood violence or abuse exposure can become biologically embedded in a manner predicting later prenatal physiology relevant for maternal and offspring health, and that such embedding may be specific to childhood, but not adulthood, stress. Findings also highlight the placental-fetal unit as a mechanistic pathway through which intergenerational transmission of the adverse effects of childhood adversities may occur.	Steine IM, LeWinn KZ, Lisha N, Tylavsky F, Smith R, Bowman M, Sathyanarayana S, Karr CJ, Smith AK, Kobor M, Bush NR. Maternal exposure to childhood traumatic events, but not multi-domain psychosocial stressors, predict placental corticotrophin releasing hormone across pregnancy. Soc Sci Med. 2020 Dec;268:113461. doi: 10.1016/j.socscimed.2020.113461. Epub
346	STRESS AND EMOTIONS IN PREGNANCY	Stress exposure during pregnancy	Schizophrenia	Schizophrenia has been linked with intrauterine exposure to maternal stress due to bereavement, famine and major disasters. Recent evidence suggests that human vulnerability may be greatest in the first trimester of gestation	Malaspina D, Corcoran C, Kleinhaus KR, Perrin MC, Fennig S, Nahon D, Friedlander Y, Harlap S. Acute maternal stress in pregnancy and schizophrenia in offspring: a cohort prospective study. BMC Psychiatry. 2008 Aug 21;8:71. doi: 10.1186/1471-244X-8-71. PMID: 18717990; PMCID: PMC2546388.
347	STRESS AND EMOTIONS IN PREGNANCY	Stress exposure during pregnancy	Psychiatric morbidity	Greater prenatal stress from apartheid predicted adverse psychiatric outcomes among children born to younger mothers and adolescents/young adults who experienced greater concurrent stress. Our findings suggest that prenatal stress may affect adolescent mental health, have stress-sensitising effects, and represent possible intergenerational effects of trauma experienced under apartheid in this sample.	Kim AW, Said Mohamed R, Norris SA, Richter LM, Kuzawa CW. Psychological legacies of intergenerational trauma under South African apartheid: Prenatal stress predicts greater vulnerability to the psychological impacts of future stress exposure during late adolescence and early adulthood in Soweto, South Africa. J Child Psychol Psychiatry. 2023 Jan;64(1):110-124.
348	STRESS AND EMOTIONS IN PREGNANCY	Stress exposure during pregnancy	Alteration of mature enamel structure	Early life experiences can shape brain function and behavior in adulthood. Either repetitive or varied stress could potentially contribute to the different neuroendocrine and behavioral characteristics of	Richardson HN, Zorrilla EP, Mandyam CD, Rivier CL. Exposure to repetitive versus varied



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351	STRESS AND EMOTIONS IN PREGNANCY	Exposure to traumatic events	Autism and attention deficit hyperactivity disorder	Traumatic events that affect physiology and behavior in the current generation may also impact future generations. This study demonstrates that an ecologically realistic degree of predation risk prior to conception causes lasting changes in the first filial and second filial generations.	Bhattacharya S, MacCallum PE, Dayma M, McGrath-Janes A, King B, Dawson L, Bambico FR, Berry MD, Yuan Q, Martin GM, Preisser EL, Blundell JJ. A short pre- conception bout of predation risk affects both children and grandchildren. <i>Sci Rep.</i> 2023 Jul 5;13(1):10886. doi: 10.1038/s41598-023-37455-9. PMID: 37407623; PMCID: PMC10322924.
352	STRESS AND EMOTIONS IN PREGNANCY	Maternal posttraumatic stress disorder in perinatal period	Low birth weight ; Lower rates of breastfeeding	Results showed that maternal postpartum posttraumatic stress disorder is associated with low birth weight and lower rates of breastfeeding. Evidence for an association between maternal posttraumatic stress disorder and preterm birth , fetal growth, head circumference, mother-infant interaction, the mother-infant relationship or child development is contradictory. Associations between maternal posttraumatic stress disorder and infant salivary cortisol levels, and eating/sleeping difficulties are based on single studies, so require replication. Findings suggest that early screening for posttraumatic stress disorder during the perinatal period may be advisable and onward referral for effective treatment, if appropriate.	Cook N, Ayers S, & Horsch A. (2018). Maternal posttraumatic stress disorder during the perinatal period and child outcomes: A systematic review. <i>J Affect Disord</i> , 225, 18-31. https://doi.org/10.1016/j.jad.2017.07.045
353	STRESS AND EMOTIONS IN PREGNANCY	Stressful life events in the periconceptual period.	Birth defects	We looked at information from a study about pregnancy and found a connection between certain life events and certain birth defects. We gathered information from pregnancies that happened in 1987-1989. Some women experienced difficult events like the death of a loved one, losing a job, or going through a separation or divorce. We found that if a woman went through at least one stressful event during the time she was getting pregnant, there was a 40-50% higher chance of having a baby with certain heart or face problems. These issues included heart defects, problems with the baby's brain and spine, and issues with the baby's lip and palate. This connection was stronger for women who were not overweight and those with a high school education or less. This study suggests that going through tough times around when you get	Carmichael SL, Shaw GM. Maternal life event stress and congenital anomalies. <i>Epidemiology.</i> 2000 Jan;11(1):30-5. doi: 10.1097/0001648-200001000-00008. PMID: 10615840.
354	STRESS AND EMOTIONS IN PREGNANCY	Chronic and/or severe stress	Behavioral disease	Exposure to chronic and/or severe stress early in life, has been associated with the development of a wide range of psychological and physiological disorders across the entire life span and epigenetic programming	Farrell, Chloe M. "Early-life stress exposure and epigenetic programming." <i>Perinatal and Developmental Epigenetics</i> . Academic Press, 2023. 243-271. https://doi.org/10.1016/B978-0-12-821785-6.00001-3 .
355	STRESS AND EMOTIONS IN PREGNANCY	Low confidence in parental self-efficacy during pregnancy	Risk of anxiety during pregnancy	Worrying during pregnancy can affect the health of both the mother and child. This study looked at how a parent's confidence in their abilities (parental self-efficacy), along with age and whether it's the first pregnancy , influences anxiety in pregnancy . We studied 771 participants online, considering their confidence, anxiety, and demographics. The results show that parental self-efficacy and certain factors like age and whether it's the first pregnancy can predict almost half of the anxiety. Confidence influenced worries about body image, personal concerns, baby-	Brunton R, Simpson N, Dryer R. Pregnancy-Related Anxiety, Perceived Parental Self-Efficacy and the Influence of Parity and Age . <i>Int J Environ Res Public Health.</i> 2020 Sep 15;17(18):6709. doi: 10.3390/ijerph17186709. PMID: 32942604; PMCID: PMC7557851.



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- Sala 6 - Vida sana y ecológica ayuda a los futuros padres a consolidar sus conocimientos sobre lo que deben y no deben hacer durante el embarazo. Esta sala contiene unas 300 recetas para inspirar a los futuros padres a cocinar y, por supuesto, a comer sano.

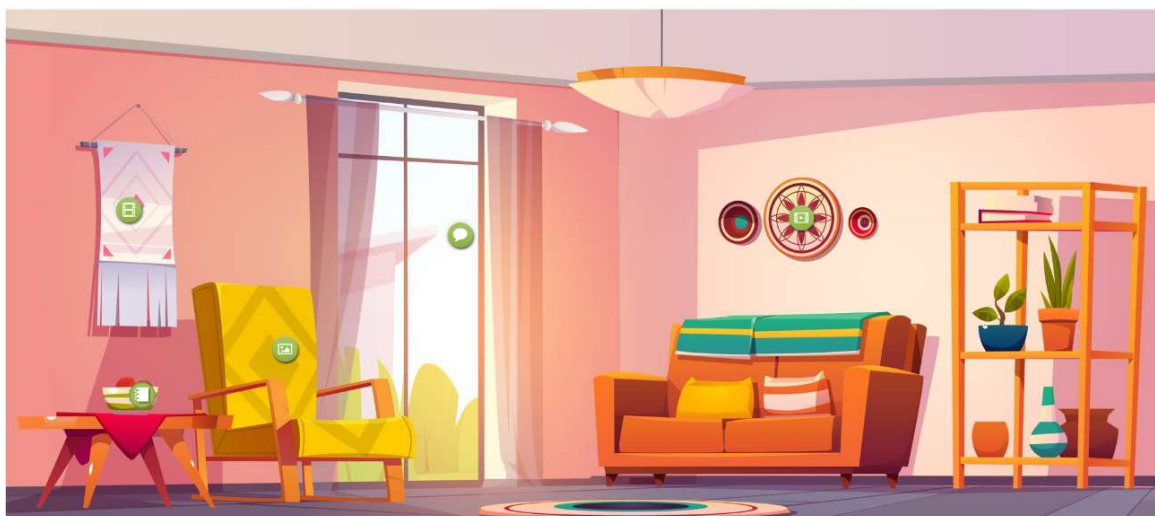


FAMILIAS Y CRIANZAS: ENCRUCIJADAS ACTUALES

1ER CONGRESO INTERNACIONAL 2025



ROOM 6 *LIFESTYLE*



-  SLIDESHOW
-  DOODLE
-  VIDEO
-  INFOCAPS
-  RECIPES

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ



FAMILIAS Y CRIANZAS: ENCRUCIJADAS ACTUALES

1ER CONGRESO INTERNACIONAL 2025



RECIPES

Click each number to advance in the course

1. SOUPS

2. MAIN DISH

3. SALADS

4. SNACKS

5. DESSERTS



LIFESTYLE



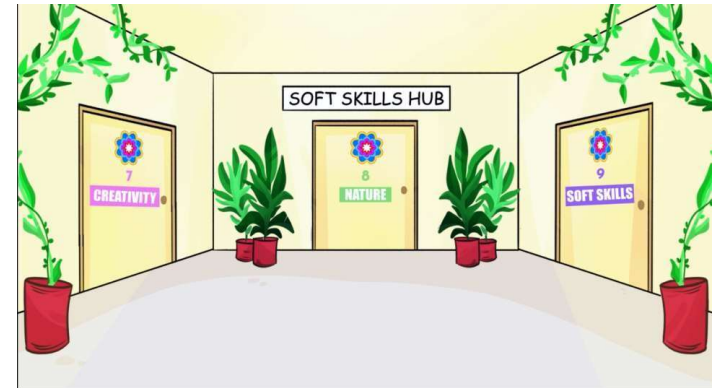


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1ER CONGRESO INTERNACIONAL 2025



- El "Soft Skills Hub" presenta aplicaciones interactivas (juegos educativos) para desarrollar la creatividad durante el embarazo (música, mosaicos, pintura), profundizar en la relación con la naturaleza, desarrollar habilidades como :
 - gestión del estrés
 - comunicación non violenta
 - inteligencia emocional
 - imaginación creativa
 - comunicación con el niño prenatal
 - toma de decisiones y resolución de problemas, etc.





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ENCRUCIJADAS ACTUALES**
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- La Sala 7 - Creatividad, ofrece inspiración a los futuros padres sobre nuevas formas de potenciar su creatividad durante el embarazo y después, a través de la música, la pintura y la danza.



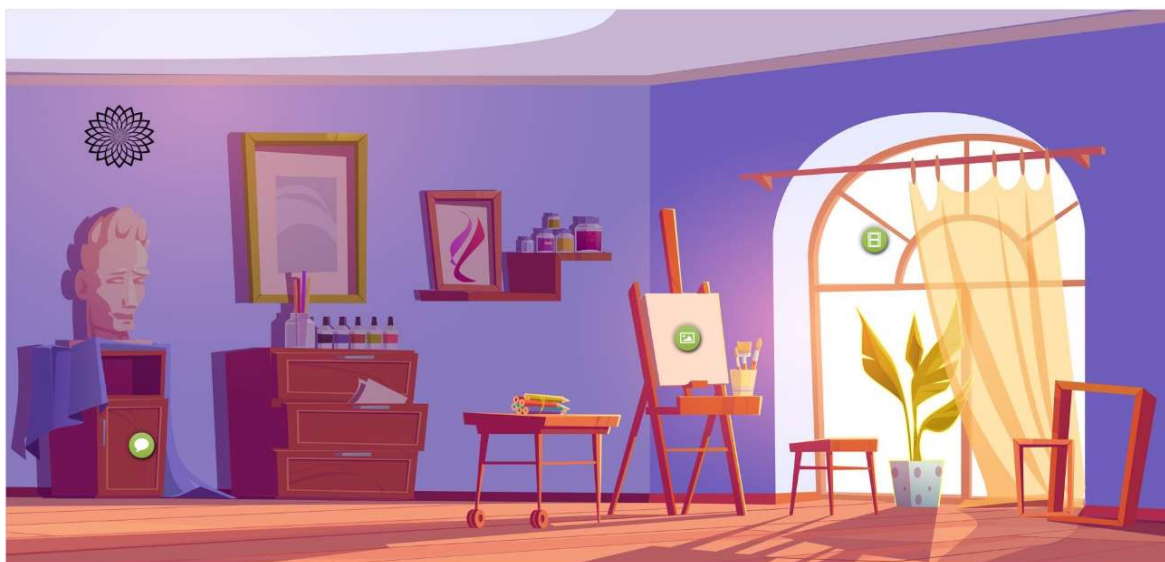
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ROOM 7

7. CREATIVITY



MANDALA



SLIDESHOW



VIDEO



INFOCAPS

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ



**FAMILIAS Y CRIANZAS:
ENCRUCIJADAS ACTUALES**
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- Sala 8 - Conectar con la naturaleza- refuerza su creencia de que, a través del contacto directo con el entorno natural, los futuros padres pueden descubrir formas de estar más tranquilos, seguros de sí mismos y sanos durante el embarazo y para el resto de sus vidas.



FAMILIAS Y CRIANZAS: ENCRUCIJADAS ACTUALES

1ER CONGRESO INTERNACIONAL 2025



ROOM 8 *NATURE*



-  SLIDESHOW
-  VIDEO
-  INFOCAPS

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ



**FAMILIAS Y CRIANZAS:
ENCRUCIJADAS ACTUALES**
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- Sala 9 – Las competencias transversales ayudan a los futuros padres a ser más conscientes de sí mismos, a relajarse más, reduciendo el estrés y a reforzar su inteligencia emocional para que puedan superar más fácilmente los conflictos y retos durante el embarazo y después del nacimiento de su hijo.



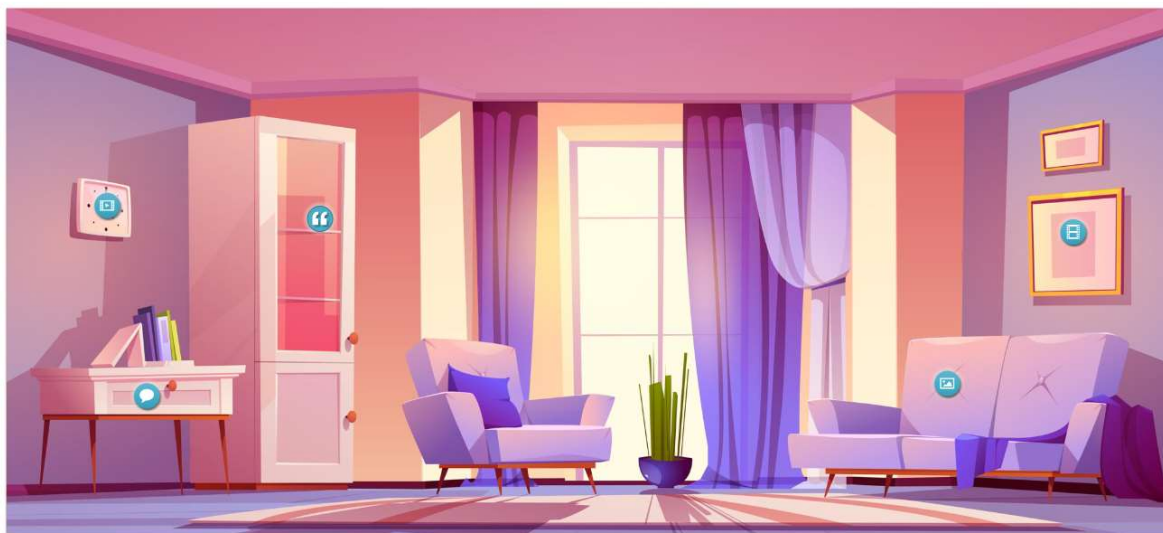
FAMILIAS Y CRIANZAS: ENCRUCIJADAS ACTUALES





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ROOM 9

SOFT SKILLS



-  SLIDESHOW
-  DOODLE
-  VIDEO
-  INFOCAPS
-  CASE STUDIES

TO LEAVE THE ROOM, PLEASE ANSWER THE QUESTIONS

QUIZZ



FAMILIAS Y CRIANZAS: ENCRUCIJADAS ACTUALES

1ER CONGRESO INTERNACIONAL 2025



ROOM 7

7. CREATIVITY

RANDOM

Color 0

Color 1

Color 2

Color 3

Color 4

Color 5

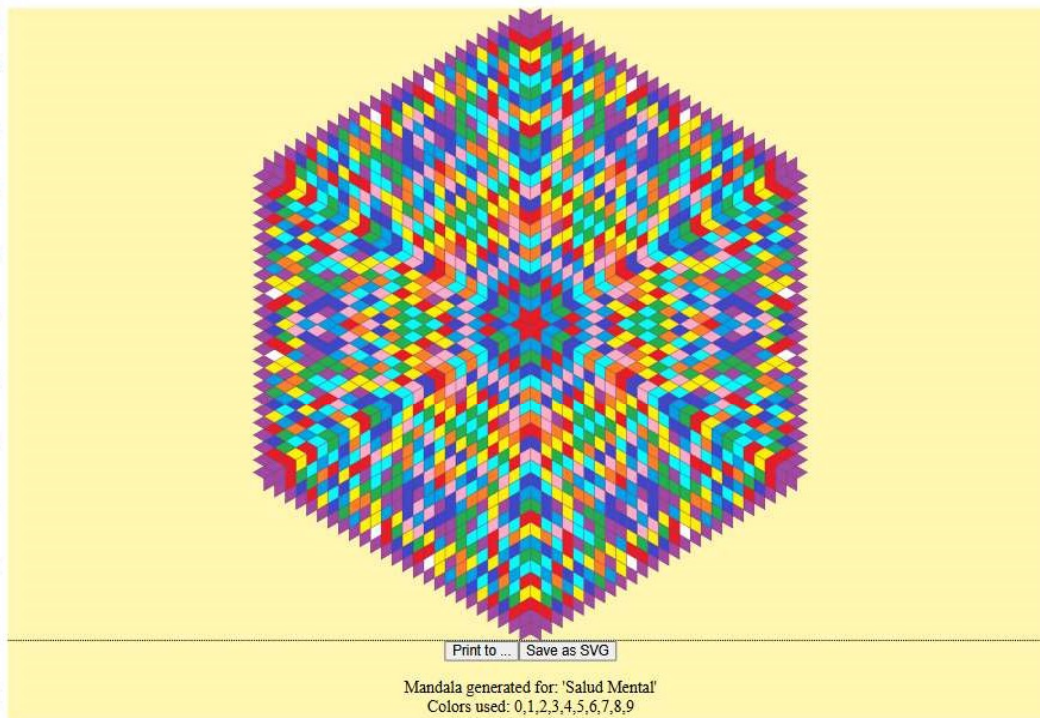
Color 6

Color 7

Color 8

Color 9

Border



Print to ... Save as SVG

Mandala generated for: 'Salud Mental'
Colors used: 0,1,2,3,4,5,6,7,8,9

Number of leafs (3...15)

Insert bellow your name (or date of birth dd-mm-yyyy)

Salud Mental

MANDALA



MANDALA



SLIDESHOW



VIDEO



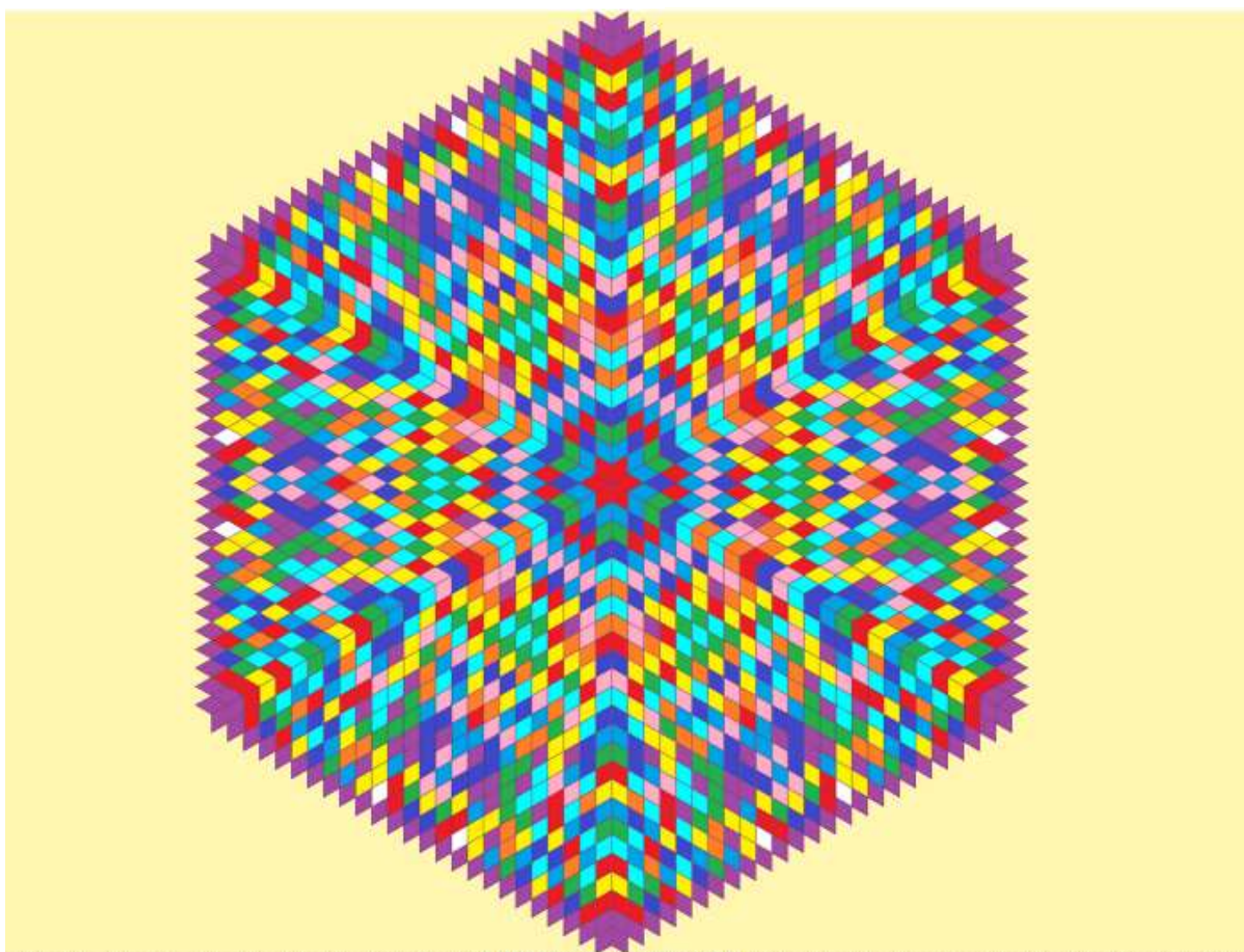
INFOCAPS

QUIZ



FAMILIAS Y CRIANZAS: ENCRUCIJADAS ACTUALES

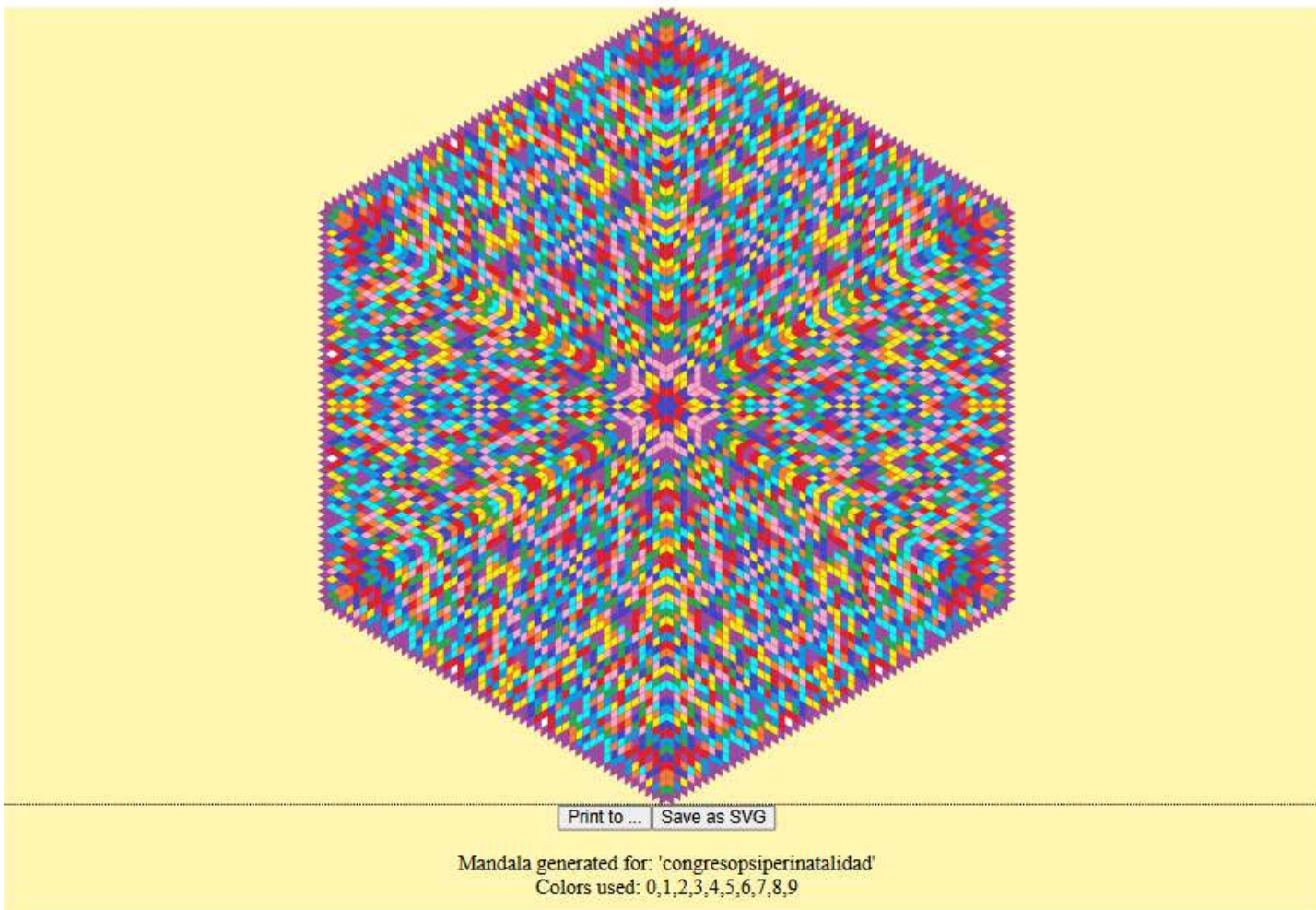
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FAMILIAS Y CRIANZAS: ENCRUCIJADAS ACTUALES

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Print to ... Save as SVG

Mandala generated for: 'congresopsiperinatalidad'
Colors used: 0,1,2,3,4,5,6,7,8,9

Insert bellow your name (or date of birth dd-mm-yyyy)

congresopsiperinatalidad

MANDALA



FAMILIAS Y CRIANZAS: ENCRUCIJADAS ACTUALES

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¡MUCHAS GRACIAS!

Print to ... Save as SVG

Mandala generated for: 'ASMI WAIMH-ESPAÑA'
Colors used: 1,2,3,4,5,6,7,8,9

Insert bellow your name (or date of birth dd-mm-yyyy)

ASMI WAIMH-ESPAÑA

MANDALA